



Quality staff means quality Programs & Services

West Shore Parks and Recreation strives for excellence in our service delivery. Our highly skilled staff have post secondary education in the areas of sport, fitness, recreation, aquatics, early childhood education, catering, administration, maintenance, and parks. In addition, all staff undergo criminal record checks and complete child protection training. Various staff are trained in first aid, facility operations, emergency procedures, customer service and other such areas to ensure our facilities are friendly, safe and well maintained. So when you're looking for a great program, with great value and fun, know that West Shore Parks & Recreation is the perfect place to play.

Follow us on Facebook  www.facebook.com/westshorerecreation

FACILITY HOURS

JUAN DE FUCA RECREATION CENTRE

1767 ISLAND HIGHWAY, COLWOOD

Monday – Friday 6 AM – 10 PM*

Saturday & Sunday 7 AM – 8:30 PM*

Stat Holidays Schedules Vary

*Reception closes 30 min prior to facility closure.

JUAN DE FUCA GOLF COURSE

Located in the Lower Park behind Juan de Fuca Recreation Centre

Monday – Sunday Dawn to Dusk

CENTENNIAL CENTRE

2805 CARLOW ROAD, LANGFORD

Monday - Friday 9 AM – 5 PM

Saturday & Sunday Programs

Stat Holidays Closed

BEAR MOUNTAIN ARENA

Located in the Lower Park behind Juan de Fuca Recreation Centre
Event Specific

KEEPING IN TOUCH

MAIN RECEPTION 250-478-8384

FAX (RECEPTION) 250-474-8650

GOLF PRO SHOP 250-474-8621

55+ CENTRE 250-474-8618

ARENA BOOKINGS 250-474-8637

BOOKINGS 250-474-8611

CATERING 250-474-8609

CENTENNIAL CENTRE 250-474-5838

CENTENNIAL (FAX) 250-474-5811

SCHEDULES

CALL 478-8384 PRESS 3, then for:

POOL PRESS 1

FITNESS PRESS 2

WEIGHT ROOM PRESS 3

SPECIAL EVENTS PRESS 5 then 2

FIELD CONDITIONS PRESS 7 then 3

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CONTACTS

STAFF & GROUPS

West Shore Parks & Recreation Society's Board of Directors made up of representatives from the City of Colwood, the City of Langford, the District of Metchosin, the District of Highlands, the Juan de Fuca Electoral Area and the Town of View Royal. The Society meets at 7 PM on the second Thursday of each month (with the exception of August). All meetings are open to the public.

ADMINISTRATION

Administrator	Linda Barnes	250-474-8607	lbarnes@westshorerecreation.ca
Administrative Assistant	Lore Cumberbatch	250-474-8610	lcumberbatch@westshorerecreation.ca
Manager of Human Resources	Brian Merryweather	250-474-8623 HR FAX: 250-478-8363	bmerryweather@westshorerecreation.ca
Human Resources Assistant	April Luchinski	250-478-8384 EX 2250	aluchinski@westshorerecreation.ca
Manager of Finance	Sue Dickson	250-474-8605	sdickson@westshorerecreation.ca
Administration & Reception Coordinator	Corey Burtini	250-474-8612	cburtini@westshorerecreation.ca
Communications & Marketing	Kathryn Mullis	250-478-8384 EX 2202	kmullis@westshorerecreation.ca

RECREATION

Manager of Recreation	Cindy O'Regan	250-474-8655	coregan@westshorerecreation.ca
Aquatics Coordinator	Kristy MacKinnon	250-474-8616	kmackinnon@westshorerecreation.ca
Aquatics Programmer	Chris McGregor	250-474-8680	cmcmgregor@westshorerecreation.ca
Fitness & Wellness Coordinator	Rob Wilson	250-474-8694	rwilson@westshorerecreation.ca
Fitness & Wellness Programmer	Kristy Webster	250-474-8617	kwebster@westshorerecreation.ca
Community Development Coordinator	Bobbi Neal	250-474-8665	bneal@westshorerecreation.ca
Recreation Coordinator <i>JdF School Age & JdF Preschool</i>	Colleen Høglund	250-474-8619	choglund@westshorerecreation.ca
Program Supervisor <i>Birthdays & JdF Licensed Care</i>	Lori Argyle	250 474-8608	largyle@westshorerecreation.ca
Recreation Coordinator <i>JdF Golf Course & CC Programs</i>	Karen Frost	250-474-8606	kfrost@westshorerecreation.ca
Recreation Programmer <i>Teen Programs & CC School Age</i>	Amy Cooper	250-474-2847	acooper@westshorerecreation.ca
Recreation Programmer <i>Adult Programs & CC Preschool</i>	Katherine Salmons	250-474-5825	ksalmons@westshorerecreation.ca
Recreation Programmer <i>Arena & Sports Programs</i>	Eric Yue	250-474-8601	eyue@westshorerecreation.ca

FACILITIES & EVENTS

Arena & Events Coordinator	Geoff Welham	250-474-8604	gwelham@westshorerecreation.ca
Arena Bookings <i>JdF & Bear Mountain Arena</i>	Kyle Laberge	250-474-8637	klaberge@westshorerecreation.ca
Facility Bookings <i>WSPR Facilities & SD#62 Rooms & Fields</i>	Joan Awalt	250-474-8611	bookings@westshorerecreation.ca
Catering & Café Supervisor	Carly Amirault	250-474-8609	crobb@westshorerecreation.ca

OPERATIONS

Manager of Operations	Wade Davies	250-474-8602	wdavies@westshorerecreation.ca
Parks Supervisor	Bryan Wood	250-478-3133	bwood@westshorerecreation.ca
Maintenance Supervisor	Ron Dietrich	250-474-8615	rdietrich@westshorerecreation.ca

COMMUNITY GROUPS

Boys & Girls Club	www.bgcvic.org
Victoria Childcare Resources & Referral	250-382-7000
Esquimalt Military Family Resource Centre (24hr)	250-363-2640
Four Seasons Musical Theatre	250-478-0329
Frontier Twirlers Square Dance	www.ft.squaredance.bc.ca
Girl Guides/Sparks/Brownies	1-800-565-8111
Goldstream Food Bank Society	250-474-4443
Goldstream Toastmasters	goldstream.freetoasthost.org
Highland Heritage Park Society	250-652-1466
Island Adult Development Assoc.	www.ldpride.net
Intermunicipal Advisory Committee on Disability	250-474-5939
Juan de Fuca 55+ Centre	250-474-8618
Juan de Fuca Arts & Crafts Guild	250-478-8439
Juan de Fuca Community Orchestra	camilla_@hotmail.com
Juan de Fuca Kinsmen Club	Ron Kerr 250-388-8813
Juan de Fuca Power Squadron	www.jdfsquadron.ca
Kinnettes Club of Juan de Fuca	President 250-474-4437
Knights of Columbus	www.kofcvictoria.bc.ca
Langford Lake Protection Society	250-474-4470
Langford Women's Institute	250-478-1900
Literacy Connection	www.sookewestshore.literacy.ca
Metchosin Community House	250-478-5155
Metchosin Community Hall	250-478-6424
Metchosin Farmers Institute	250-478-2759
Metchosin Garden Club	250-294-4345
Metchosin Preschool	250-478-9241
Metchosin School Museum Society	250-478-5447
Navy League Cadets	admrhfalls@shaw.ca
Pacific Centre Family Services	250-478-8357
Rotary Club of Colwood	www.clubrunner.ca
Royal Canadian Air Cadets 848	848air@cadets.gc.ca
Royal Canadian Sea Cadets	dube.rah@cadets.net
Royal Canadian Legion #91 Prince Edward	478-1828
Scottish Country Dancing	250-474-1018
Scouts Canada (Victoria)	www.victoriascouts.ca
Sooke & West Shore Child Care Resource & Referral	250-642-5152
Sweet Adelines International	250-656-0302
TOPS (Irene)	250-642-4428
Vancouver Island Safety Council	www.visafetycouncil.com
View Royal Garden Club	250-727-0076
Volunteer Victoria	250-386-2269
Welcome Wagon	1-866-518-7287
West Shore Arts Council	250-478-2286
West Shore Chamber of Commerce	www.westshore.bc.ca
West Shore Lions Club	westshorebc.lionwap.org
Worklink Employment Society	250-478-9525

SPORTS

ARCHERY	
Victoria Bowman Association	www.victoriabowmen.com
BASEBALL	
Sports Traders Masters SloPitch	250-478-2727
Triangle Athletic Association	250-391-4585
View Royal Fastball Association	250-479-3221
West Shore Mixed Slo-Pitch	250-383-0180
Langford Fastball Association	www.langfordfastball.ca
CURLING	
Juan de Fuca Curling Club	www.juandefucacurlingclub.ca
CYCLING & BMX	
Greater Victoria Velodrome Association	www.gvva.bc.ca
Greater Victoria BMX Association	www.victoriabmx.com
Westshore BMX Association	www.westshorebmx.com
EQUESTRIAN	
Metchosin Equestrian Society	www.mesmetchosin.org
FOOTBALL	
Greater Victoria Football Association	250-385-2222
Spartans Canadian Football Association	www.spartansfootball.ca
HOCKEY & RINGETTE	
Juan de Fuca Minor Hockey	www.jdfminorhockey.com
Len Barrie Hockey College	Registration 250-478-1053
Victoria Grizzlies BCHL	250-385-1555
Flyers Hockey Club	250-893-1476
Greater Victoria Ringette Association	victoriaringette@gmail.com
LACROSSE	
Juan de Fuca Lacrosse Assoc.	www.jdflacrosse.com
Victoria Shamrocks	www.victoriashamrocks.ca
Victoria Junior 'A' Shamrocks	www.jrshamrocks.com
LAWN BOWLS	
Juan de Fuca Lawn Bowls Club	250-478-7447
MOTOCROSS	
Westshore Motocross Association	250-893-9547
NETBALL	
Netball Victoria	250-474-1223
SKATEBOARDING	
Wescom Skateboard Society	mynameislocalcat@hotmail.com
SKATING	
JdF Figure Skating Club	www.juandefucaskatingclub.ca
SOCCER	
Juan de Fuca Football Club & Oldtimers	250-478-8882
Juan de Fuca Soccer Association	250-474-6334
SWIMMING	
Juan de Fuca Coho Swim Club	479-3909
Greater Victoria Aquatics Society	swimgvas@ymail.com
RUNNING & WALKING	
JdF Running Club	vchura@shaw.ca
JdF Hearts in Motion Walking Club	250-478-8384
WRESTLING	
Victoria Commonwealth Wrestling	250-384-9459

JUAN DE FUCA RECREATION CENTRE and LOWER PARK



1. Jdf Recreation Centre

- 1A. Curling Rink
- 1B. Playroom
- 1C. Lookout Lounge
- 1D. Galleon Room
- 1E. Kid's Cove
- 1F. JdF Arena
- 1G. Spinnaker Room
- 1H. Gllangcolme Room
- 1I. Boardroom
- 1H. Administration

2. Reception & Pool

- 2A. Swimming Pool
- 2B. Weight Room

3. 55+ Activity Centre

4. Kids Cottage

5. Kinsmen Fieldhouse

- 5A. Golf Pro Shop

6. Bear Mountain Arena

- 6A. Pottery Room

7. Clubhouse

- 7A. Lower Clubhouse
- 7B. Upper Clubhouse

8. Bmx Track

9. Lower Park Concession

10. Lower Park Washrooms

11. Rotary Picnic Shelter

12. Velodrome

13. Lacrosse Box

14. Parks Building

15. Rotary Playground

16. Lawn Bowling Greens

17. Playing Fields

18. Golf Course

19. Tennis Courts

20. Beach Volleyball Courts

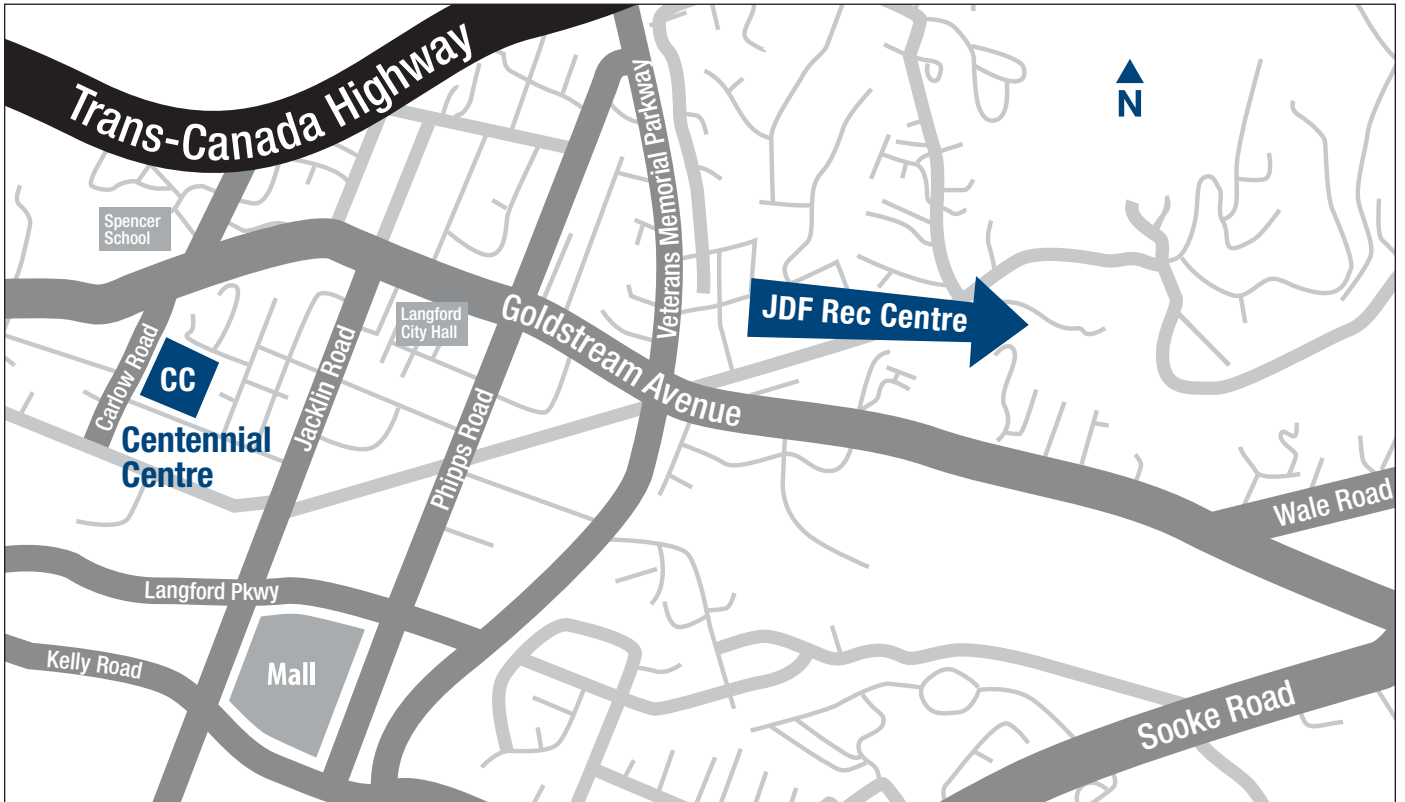
21. Basketball Courts

22. Adult Baseball Diamond

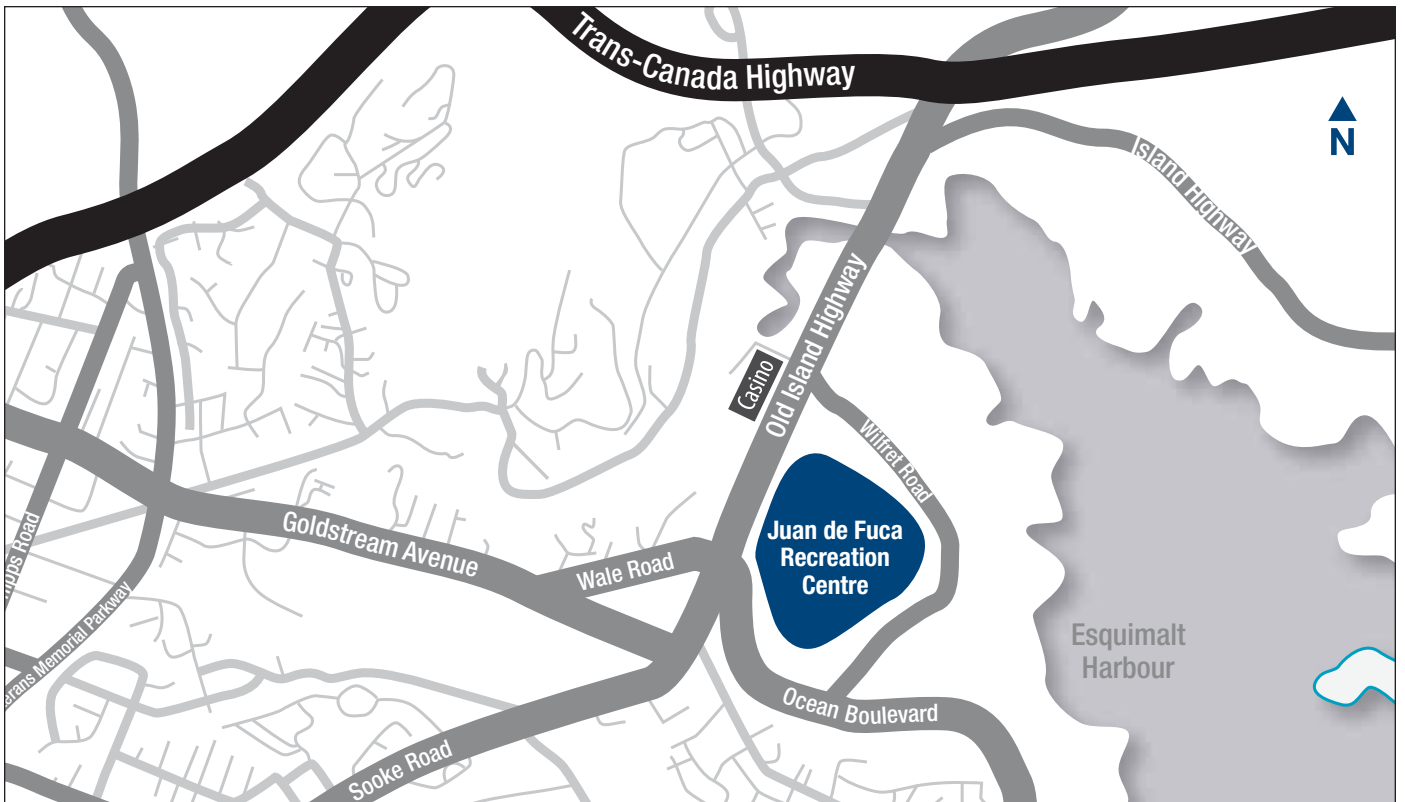
23. Youth Baseball Diamonds

24. Wildplay West Shore Victoria

JUAN DE FUCA RECREATION CENTRE 1767 Island Highway, Colwood



CENTENNIAL CENTRE 2805 Carlow Road, Langford



WAYS TO REGISTER

REGISTRATION

Phone, in person, and online registration begins on:

**Thursday, December 8th
at 6:00 AM**

RECEPTION HOURS

JdF Recreation Centre

Monday – Friday

6 AM – 10 PM

Saturday & Sunday

7 AM – 8:30 PM

Holidays

11 AM–5 PM

Reception will close 30 min before building closure.

PLEASE NOTE:

Applicable taxes will be applied to registered programs.



Register Online

24 Hours A Day 7 Days A Week

Getting Started with online registration.

- You will need a Family PIN (Personal Identification Number) and CLIENT BARCODE. Obtain these by calling reception 250-478-8384.
- Have your credit card ready, VISA, Mastercard or American Express. If you have any credit on account, it will be used first for payment.
- Click on the “Courses” Tab at the top of the screen and navigate to the course that you wish to enroll in.
- Click “Add” or “Waitlist” in the My Basket Column.
- Prior to completing your transaction you will need to read and agree to the Terms of Use Agreement



Register In Person

During JdF Recreation Centre Hours

Drop by Juan de Fuca Recreation Centre reception desk to register for your classes in person. Our front desk staff will help you register for programs.



Register By Phone

During JdF Recreation Centre Hours

Call 250-478-8384 press 0 to speak to reception about registering for programs. Have your credit card ready, VISA, Mastercard or American Express are accepted.

Important Information Phone and ‘In Person’ Registrations are processed from office opening to 1/2 hr prior to closing.

REFUND POLICY

PASSES

Your pass is non-transferable. Exchanges/transfers will not be granted.

Forgot or Lost Your Pass?

Keep your pass safe. Notify us immediately if your card is lost or stolen; there is a \$5 replacement fee.

Pass Refunds/Cancellation will be granted under these circumstances:

Medical reasons must be accompanied by a doctor's note. A \$25 fee is applied to cancellation of payment plans.

Relocation to a community outside of Greater Victoria. A \$25 fee is applied to all cancellation of payment plans. A refund will be processed once the card holder completes a refund request form. Refunds will be pro-rated from the date of request, the refund will be processed within 30 days to the pass holders relocated address.

Additional Information:

Occasionally a facility may be unavailable due to events, holidays or closures. In these cases the pass holder will not be credited. In addition, memberships will not be placed on hold due to vacation/personal circumstances.

PROGRAMS

If you cancel ...

Full credits or refunds will be processed by contacting reception 478-8384 a minimum of three days prior to program start date (supply costs are non-refundable). Under medical or emergency circumstances, prorated refunds may be granted at the discretion of the program coordinator. Documentation may be required. Some exceptions may apply and are listed on your receipt.

Credits are good for one year from date issued. For refunds, payments made by Visa or MasterCard are credited to your account.

All other refunds are made by cheque (please allow two weeks for processing).

If we cancel ...

Full credits or refunds are issued when West Shore Parks & Recreation cancels a program or for those not meeting your schedule due to a change in day/location. Every effort is made to cancel courses in a timely manner. (3 days prior to course start date) Credits are good for one year from date issued.

NSF Cheques

A \$25 fee is charged for all NSF cheques.

WEST SHORE PARKS & RECREATION

Catering

Weddings, Banquets & More

West Shore Parks & Recreation catering services can help you plan any event you may be hosting. We cater weddings, meetings, christmas parties, birthday parties, bonspiels and so much more. Our professional team is dedicated to providing personal and friendly service, guaranteed to make any size event a success!

Located at Juan de Fuca Recreation Centre we have a wide variety of venues for any size event. The beautiful Kinsem Fieldhouse overlooking the Juan de Fuca Golf Course can hold up to 80 people and is perfect for an intimate wedding reception. Need something larger, from meeting rooms to arenas there is space for any event.

Whether you want to marry your best friend, host a family reunion, a corporate tournament or a fund raiser, bring us your ideas and our friendly staff will assist you with all the details to ensure a spectacular event that meets your needs.

Discover our menu online at
www.westshorerecreation.ca/catering

For information on catering
and rates please contact:

Carly Amirault 250-474-8609

crobb@westshorerecreation.ca



SKATING DROP-IN

SPRING BREAK SCHEDULE March 19-25, 2012

STAT HOLIDAYS Easter, April 6 & 9 *Please check current drop-in schedule online at www.westshorerecreation.ca*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Adult Skate 10:00 to 11:20 AM			Adult Skate 10:00 to 11:20 AM		
Toonie Skate 10:30 to 11:20 AM		Parent & Tot 10:00 to 11:20 AM	Adult Figure Skating 10:40 to 11:50 AM			
Duffer Hockey 11:30 to 12:50 PM	Adult Figure Skating 11:30 to 12:50 PM	Duffer Hockey 11:30 to 12:50 PM	Toonie Skate 12 to 12:50 PM	Duffer Hockey 12:00 to 1:15 PM <i>at Bear Mtn. Arena</i>		
	Parent & Tot 1:00 to 2:20 PM			Toonie Skate 1:00 to 2:00 PM		Family Skate 1:15 to 2:45 PM
	Parent & Child Sticks & Pucks 2:30 to 3:30 PM <i>Adults and up to 3 kids</i>	Everyone Welcome 2:30 to 3:50 PM			Everyone Welcome 2:15 to 3:45 PM	
		Family Skate 6:15 to 7:20 PM				

Public skating may be cancelled for events. No public skating January 20-22 due to the Pacific Cup Hockey Tournament. Call 478-8384 to confirm schedule.

DESCRIPTIONS

EVERYONE WELCOME

Join your friends for a great time out!

FAMILY SKATE

Bring the family for some fun, enjoy music, on ice games, and toys. Our special family rate covers up to 5 family members for \$12.20

DUFFER HOCKEY

Full ice recreational game (full gear required). Max 20 players/2 goalies per session play free. Call 478-8384, EXT 2209 to register.

ADULT AND CHILD, STICKS & PUCKS

Bring your gear! A session for parents to enjoy some ice time with their kids. One drop in fee includes admission for 1 adult and up to 3 kids. Join us for some shinny style hockey, no experience necessary. Special Fee \$9

ADULT SKATE

A leisurely skate - a great way to stay in shape.

TOONIE SKATE

Everyone welcome! \$2 admission, skate rentals are just a toonie too!

PARENT AND TOT

A special skate for parents and children 6 yrs and under. Introduce them to skating. Children in strollers welcome but require a helmet.

ADULT FIGURE SKATING

Like to stage a comeback in a friendly environment? Freestyle skaters and ice dancers will find our selection of music inspiring.



NO PUBLIC SKATING
January 20-22 due to
Pacific Cup Hockey Tournament

Special SKATES

Activities include games, refreshments, prizes and more.

Valentine's Day

February 14 10:30 – 11:20am
2 for 1 Admission

Pro D-Day

February 17 1:00 – 2:00pm
Toonie Admission

St. Patrick's Day

March 17 2:15 – 3:45pm
Toonie Admission

Pro D-Day Skate

March 2 1:00 – 2:00pm
Toonie Admission

SAFETY

Figure skating and hockey playing are not permitted during public sessions (unless specified). All patrons must wear skates on the ice and helmets are recommended.

RENTALS

FOR PUBLIC SESSIONS

Skate Rental \$3
Skate Sharpening \$5.35

FOR LESSONS

Lesson Rental \$1.50
10 Lesson Rental \$15

INTERAC

We have finally made the upgrade and now you can pay with Interac right at the JdF Arena Skate Shop!

ADMISSIONS

*Single Drop-In Admission includes applicable taxes. Passes and multiple visits will have taxes added at time of purchase.

DROP IN ADMISSION FEES*

	SINGLE	10'S	20'S
Adult (19 – 54 YRS)	6.15	49.42 ^{+TAX}	87.86 ^{+TAX}
Senior (55+ YRS)	4.50	36.16 ^{+TAX}	64.29 ^{+TAX}
Student (13 – 18 YRS)	4.50	36.16 ^{+TAX}	64.29 ^{+TAX}
Child (6 – 12 YRS)	3.20	25.71 ^{+TAX}	45.71 ^{+TAX}
Child Minding (Per 75 Minutes)	2.50	25.00 ^{+TAX}	
Family (Max 5) 2 Adults & 3 Children/Students or 1 Adult & 4 Children/Students	12.20	98.04 ^{+TAX}	

PASSES (+ TAX)

	SINGLE
1 Month Pass	51.29 ^{+TAX}
3 Month Pass	130.49 ^{+TAX}
Annual Pass *	365.18 ^{+TAX}
Family Annual Pass *	803.57 ^{+TAX}
Regional Annual Pass * <i>For use at 12 Victoria Rec Centres</i>	475.00 ^{INCLUDES TAX}

**Monthly & Quarterly payment plans available.
Visa/MasterCard/AMEX are accepted. Note: a \$25 admin fee
will be charged upon registration of all payment plans.*

REGIONAL MAY PASS

COMMIT TO BE FIT

Try All 15 Centres for only \$25*

Available March 15, 2012

fitinfitness.ca

*HST included



EXPERIENCE VICTORIA

Participating recreation centres in Greater Victoria invite locals to experience some of the diverse attractions our city has to offer! 'Experience Victoria' provides pass holders with discounts to world-class attractions, including: **Victoria Butterfly Gardens, IMAX Victoria, Craigdarroch Castle, SHAW Ocean Discovery Centre, Royal BC Museum & Adrena LINE Zipline Adventure Tours.** Valid until April 30, 2012.

VISIT WWW.FITINFITNESS.CA FOR DETAILS

**GET OUT
THERE
AND
ENJOY IT!**

Greater Victoria **ACTIVE
COMMUNITIES**
fitinfitness.ca