

WEST SHORE PARKS & RECREATION



ABOVE Exterior of Centennial Pool was built in 1967. This was the very first structure to be built on the current Juan de Fuca Recreation Centre site, where the JDF Branch of the Greater Victoria Public Library is now located.

RIGHT The new addition added a replacement pool, new weight room and new lobby to the existing arena and curling rink facilities.

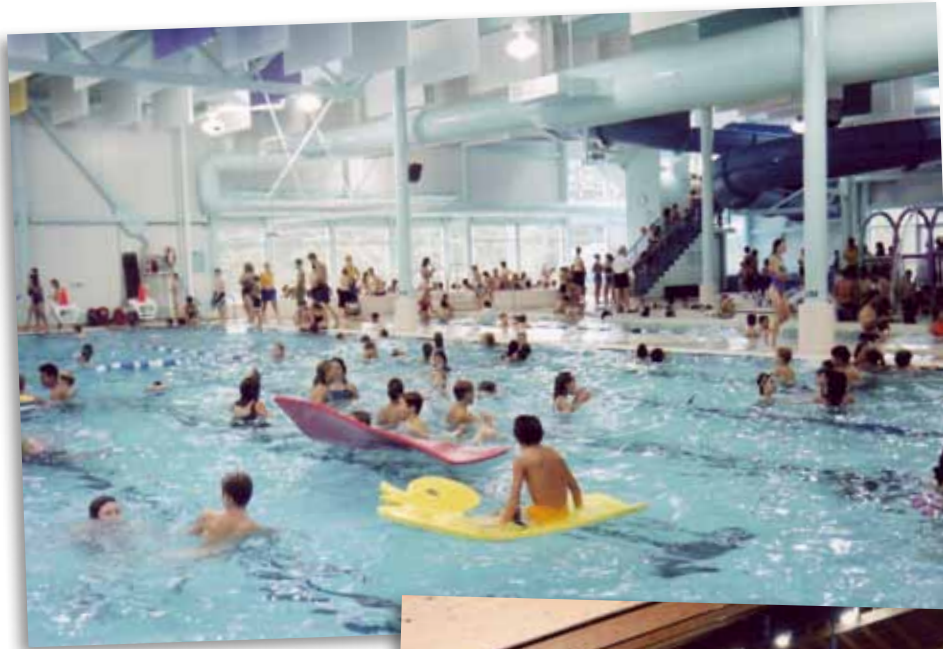


We're 10 in 2010 A Birthday Celebration

It's the 10th Birthday of the Pool and Weight Room at West Shore Parks & Recreation.

Our gift to you: celebrate with FREE fitness, waterfit, and wellness classes September 7-13. Friday, September 10 we will roll back admission prices for the swimming and the weight room to the year 2000. Join the celebration!

The first pool opened in 1967 as Centennial Pool, part of Canada's 100th birthday. A few pieces of weight training equipment were added in a small room (1984) which grew to house 8 pieces of "Hydra-gym" equipment by 1987. A referendum provided approval to build a new pool and weight room and a grand opening was held in September 2000, providing new and exciting recreation opportunities for the community.



ABOVE Juan de Fuca Pool Opening Day, September 2000. The new facility included eight 25 metre lanes, an adventure pool, and 250m waterslide, sauna, steam room, and swirl pool.

RIGHT Centennial Pool, the original 6 lane 25m pool built in 1967.



ABOVE The current Weight Room is 3500 sq.ft. and includes 20+ Apex Weight Training machines, 22 Cardiovascular machines, Free Weights (1-100lbs) and many other fitness accessories.

RIGHT The first weight room featuring "Hydra-Gym" equipment.

